



## Health Education & Health Promotion Framework in S C Gaw

### 1. **Whole-person Development Extended Curriculum:**

Education for Health (Health Education) forms one of the extended curriculum honeycomb (domains). In an integrative, life-wide and holistic extended curriculum setting which aims at synergizing the objectives, influence and impact of formal, informal and non-formal as well as hidden curriculum we delivered.

### 2. **Education for Health:** It covers curriculum and activities with Health Education as the core component which include personal health skills:

- i. Needs Assessment
- ii. Major items of Health Education Curriculum and Activities
- iii. The Integrated Course of Education for Health and Physical Education as well as other related domains as well Integrated Humanities, Integrated Science, Technology, Moral & Civic Education, Life-wide Learning, Co-curricular Activities
- iv. Utilizing multiple strategies to implement health education curriculum
- v. Education for Health (Health Education) curriculum: Design of the programme and activities

### **3. School Health Policies:**

- i. Needs Assessment
- ii. Development & Implementation of School Health Policies
- iii. Self-health Assessment for ALL
- iv. Assisting our health promoting counterparts to plan the health promoting policies and implement the health promotion tasks
- v. Providing support to schools, improving the Web-based learning & support as well as organizing information dissemination.
- vi. Conducting school self-evaluation on school health policies

### **4. School Physical Environment:**

- i. Needs Assessment
- ii. Providing a safe environment for the school community
- iii. Providing proper sanitary facilities and water
- iv. Implementing environmental protection and energy conservation programmes
- v. Encouraging students to take care of the school facilities
- vi. Providing for the students a suitable learning environment
- vii. Establishing a healthy eating environment
- viii. Designing programmes for the Physical Environment of the school

## **5. School Social Environment:**

- i. Needs Assessment
- ii. Creating good human relationships on campus
- iii. Creating an environment of care, trust and friendliness in school
- iv. Providing appropriate support and assistance to students who are at a particular disadvantage
- v. Creating an environment in which all students are valued and differences are respected
- vi. Designing the programmes for the School's Social Environment

## **6. Community Relationships:**

- i. Needs Assessment
- ii. Communication and collaboration between the school and the students' families
- iii. Communication and collaboration between the school and the community
- iv. The availability of community resources.

## **7. Personal Health Skills:**

- i. Needs Assessment
- ii. Health promotion talks
- iii. Training of Health Ambassadors
- iv. Designing programmes for personal health enhancement

## **8. Health Services:**

- i. Needs Assessment
- ii. Health examination
- iii. Health care of students with specific diseases
- iv. Emergency care on campus
- v. Communicable disease control in schools
- vi. Designing programmes for health services